

Find the Adventure That's Right for You

Activity Level 1: ☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5 Easy

Travelers should be able to climb 25 stairs consecutively, plus walk at least 1-2 miles over some uneven surfaces without difficulty. Walks typically last at least 1-2 hours at a time. Altitude can range from zero to 5,000 feet.

Activity Level 2: ☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5 Moderately Easy

Travelers should be able to climb 40 stairs consecutively, plus walk at least 2-3 miles over some uneven surfaces without difficulty. Walks typically last for at least 2-3 hours at a time. Altitude can range from zero to 5,000 feet.

Activity Level 3: ☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5 Moderate

Travelers should be able to climb 60 stairs consecutively, plus walk at least 3 miles over some steep slopes and loose or uneven surfaces without difficulty. Walks typically last for 3 or more hours at a time. Altitude can range from 5,000 to 7,000 feet.

Activity Level 4: ☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5 Moderately Strenuous

Travelers should be able to climb 80 stairs consecutively, plus walk at least 4 miles over some steep slopes and loose or uneven surfaces without difficulty. Walks typically last for 4 or more hours at a time. Altitude can range from 7,000 to 9,000 feet.

Activity Level 5: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 Strenuous

Travelers should be able to climb 100 or more stairs consecutively, plus walk at least 8 miles over some steep slopes and loose or uneven surfaces without difficulty. Walks typically last for 4 or more hours at a time. Altitude can range from 10,000 feet or more.